



# SKY ZONE™

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## SkyRobics Registration

1. All SkyRobics participants must complete a registration form each year.
2. Minors must be cosigned by their parent or legal guardian.
3. In addition, a Sky Zone liability waiver must be signed by the participant or legal guardian.
4. Providing false information may result in disqualification from Sky Zone memberships.

Participant Information		
Participant Name (First, Last)		Home Phone #
Address (#, street, unit), City, Zip Code		Cell #
Bus. #	Email Address*	
<b>Emergency Contacts – Please list the names and telephone numbers of two people we can contact in the event of an emergency. Also, please indicate their relationship to you.</b>		
Name/Relationship to Participant	Phone #	Cell
Name/Relationship to Participant	Phone #	Cell

***\*Sky Zone members may be contacted via email about schedule changes, SkyRobics/Sky Zone updates, or special offers/discounts.***

# Health History & Customer Information

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

How did you hear about SkyRobics (circle one):

Friend      TV      Inside the facility      Direct      Mail      Other

Person to contact in case of emergency: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Does your physician know that you are participating in this exercise program? \_\_\_\_\_

Describe your current exercise program: \_\_\_\_\_

**Do you have now or have you had in the past: (Please check ☐ if YES)**

- |  |  |
|--|--|
| <input type="checkbox"/> History of heart problems               | <input type="checkbox"/> Hernia or any condition that may be     |
| <input type="checkbox"/> Increased blood pressure                | <input type="checkbox"/> aggravated by strenuous exercise        |
| <input type="checkbox"/> Any chronic illness or condition        | <input type="checkbox"/> Muscle, joint, or back disorder, or any |
| <input type="checkbox"/> Difficulty with physical exercise       | <input type="checkbox"/> previous injury still affecting you     |
| <input type="checkbox"/> Advice from a physician not to exercise | <input type="checkbox"/> Diabetes or thyroid condition           |
| <input type="checkbox"/> Recent surgery                          | <input type="checkbox"/> Cigarette smoking habit                 |
| <input type="checkbox"/> Pregnancy (now or within the last 3     | <input type="checkbox"/> Increased blood cholesterol             |
| <input type="checkbox"/> months)                                 | <input type="checkbox"/> History of heart problems in family     |
| <input type="checkbox"/> History of breathing or lung problems   |  |

**\*\*If you have answered YES to one or more questions, we recommend that you consult a physician before participating in any SKYROBICS classes.**

**I understand that the staff employed at this facility is not qualified to make medical assessments of my health or my physical ability to attend this exercise program, and it is my responsibility to check with my physician before starting any exercise program.**

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Member's Printed Name: \_\_\_\_\_