

# SKYROBICS™

**BURN UP TO 1,000 CALORIES AND  
HAVE A BLAST DOING IT!**

SkyRobics™ combines calisthenics, core exercises and strength building aerobics, all done on Sky Zone's patented, all-trampoline, walled playing courts.

- Burn up to 1,000 calories per hour
- Low impact - easy on your joints
- Comprehensive 60-minute classes
- Ideal for those of any fitness level
- Sign up ahead of time, classes fill up quickly

**HAVE FUN,  
FLY SAFE!**

## CLASS SCHEDULE:

<b>Sunday:</b>	<b>10am - 11am</b>
<b>Monday:</b>	<b>10am - 11am</b>
<b>Tuesday:</b>	<b>5:45pm - 6:45pm</b> <b>7:00pm - 8:00pm</b>
<b>Wednesday:</b>	<b>10am - 11am</b>
<b>Thursday:</b>	<b>5:45pm - 6:45pm</b> <b>7:00pm - 8:00pm</b>
<b>Saturday:</b>	<b>7:45am - 8:45am</b> <b>9:00am - 10:00am</b>

## PRICING:

**Pay by the Class - \$12**  
**Monthly Membership - \$60**  
**10 Class 'Get Fit' Pass - \$80**

**Your first class is  
HALF PRICE!**

\*Rates are subject to change. Taxes not included.



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FACEBOOK & TWITTER**

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Sky Zone Indoor Trampoline Park  
595 Hale Ave N | Suite  
Oakdale, MN 55128  
t 651-200-3383 | f 651-788-9236  
[www.skyzonesports.com](http://www.skyzonesports.com)



**SKY ZONE®**  
INDOOR TRAMPOLINE PARK